My Pandemic Journey

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EMPATHY

the ability to understand and share the feelings of another.
GENTLEMEN IN WHITE COATS

2021 recognized by Norfolk Public Schools
Mentoring Students at (Norfolk Technical Center) NTC
Increase in alcohol consumption and overdose deaths

Classroom Transformation

PHA 582 Drugs of Abuse

Overdose deaths spiked at the start of the pandemic and stayed high through the end of 2020.
Reflective Learning

Active learning experience
Alcoholics Anonymous
Narcotics Anonymous
Al-anon

Write a Reflective Essay
Guided questions about the experience

Conclusions from experience
How does it compare to other treatment programs?

Use the experience on clinical rotations or in future practice
Put it to practice