

Word of Honor

The Official Newsletter of Freddie T. Davy Honors College

Crossing the Finish Line



The Class of 2014 was inducted into the Honors College on March 18, 2011 and consisted of 57 students.

On May 10, 2014, 29 students will participate in the Capstone Celebration.

Today, we celebrated teachable moments, those who persevered and those who crossed the finish line.

Freddie T. Davy Honors College 2014 Graduates

*Kendall Alexander
Abriana Anderson
Sarah Joyce Berryhill
Patience Canty
Kayla Childs
Raybin Dockery
Meagan Downing
Henry Drakeford*

*Marissa English
Lauren Highsmith
Kelli James
Alhaji Janneh
April Jones
Domanique Jordan
Kathryn Kenny*

*Kimiko Krieger
Jocelyn McSayles
Barbara Njuguna
Tahnaya Pascall
Jennifer Perry
Janiece Peterson
Lesley Robinson*

*Simone Summers
Bria Taylor
April Thompson
Benjamin Turman
Deniqua Washington
Kiara Webb
Cynthia Whittington*

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From the Director's Pen

It has been quite a journey. I have never experienced a journey with as many highs and lows as this one. Through it all, the journey has been more tolerable, more fun, and more memorable because it was undertaken with wonderful people like you.

For as much as we have longed for the day of donning honors cords, the day is bittersweet. Bittersweet in that for some of us, the upcoming fork-in-the-road on our life's path is our last moment together. Do know as you proceed, I love you and that you are always at home in the Freddie T. Davy Honors College. Others of whom our paths may intersect again, I love you also and look forward to celebrating your future accomplishments as well as supporting you through future challenges. For all of us, we must recognize that the moments of which we have longed are accompanied by the passing of occasions that can only endure in our hearts and memories. Yes, this is a day for which we have worked toward diligently; and yet, we must understand that our work was not solely for this moment, but preparation for the road ahead. Years ago, a phenomenal preacher shared a sermon inspired by a Ford commercial entitled "Built for the Road Ahead." Dr. Davy, Mrs. Sears, Mrs. McLean, Professor Jarvis, I, and others have done our part in preparing you for the road ahead. Now there is only one thing left for you to do: proceed.

Be cool & much love,

Dr. Sabin Duncan



Last Words, Shout Outs and Memories

Alhaji Janneh

Graduation day is a time to rejoice, feel happy and reflect on your long narrow journey. However, one of the saddest things about graduating is the fact that you are leaving a family like the Freddie T. Davy Honors College behind.

Throughout my time with the Honors College, I have never struggled to accomplish something because of the amazing bond among the family. Everyone was willing to help me. I must say, being part of the Honors College family is one of the best decisions I have ever made.

This summer, I will be doing evolutionary medicine research at the University of California, Los Angeles (UCLA). In the Fall of 2014, I will be attending Brandeis University Graduate school in Waltham, Massachusetts, in the department of Molecular and Cell Biology. I will be focusing on developing a drug for aging.



Kendall Alexander

I will be traveling to Italy immediately following graduation then heading to Arizona for the Walter Cronkite Media Sales Institute at Arizona State University. I will be working in the journalism field, starting in news outlets, and working my way up to film.

Favorite quote: "Speak the truth, even if your voice shakes."



April Jones

I enjoyed the process and experiences throughout my Honors College career. I look forward to my next adventures and stage of my life at Howard University School of Law! I thank all the faculty members in the program for their hard work and dedication to our successes.

My next step plans include attending Howard University School of Law where I will earn my Juris Doctorate Degree in Juvenile and Domestic Relations.



Last Words, Shout Outs and Memories

Dominique Jordan

I grew up with two hard working parents that always instilled the importance of education in me. Being a part of the Honors College Program wasn't all my doing, it was them that pushed me to strive towards bettering myself. I thought I would be uncomfortable, but soon I realized that being uncomfortable is a good thing, it makes you a better person.



I'd like to thank the Honors College staff for dealing with my stress for the past years and always giving me words of encouragement to keep me going. I'd also like to thank my parents for always believing in me even when I didn't believe in myself. I'd like to thank my family for their continued support and Jarrell for being there with me every step of the way during my senior capstone.

Last but not least, always remember that when God is the center of your life everything else will fall into place.

In the fall, I will be attending American University in pursuit of my Master's of Journalism and Public Affairs. Additionally, I will be working with the United States Marshals Service at headquarters in the Office of Public Affairs.

Tahnaya Pascall

Thanks for such an amazing experience, my time at Hampton would not be the same without the Freddie T. Davy Honors College. All the best and congratulations to the other graduates.

As of fall 2014, I will begin pursuing a Masters degree in Industrial Organizational Psychology.



April Thompson

I will be studying for the NCLEX-RN Exam in the summer in preparation to obtain RN License. I will be work at the medical-surgical unit at Moses Cone Health Memorial Hospital in Greensboro, NC in August.



Janiece Peterson

From my time spent in the Freddie T. Davy Honors College, I would like to thank our beloved Dr. Freddie T. Davy and our Honors College Director, Dr. Sabin Duncan. Thanks to these two, I have had the opportunity to grow so much as person. From the different seminars to service learning to capstone, I have acquired all of the necessary skills to help me continue on my educational journey. Throughout my years at Hampton and in the Freddie T. Davy Honors College, even though things have been hard and I felt like giving up, I have learned that there is always a light at the end of the tunnel. This program has been such a wonderful experience, and I will cherish it forever.

After graduation, I will be attending the University of North Carolina at Charlotte. I will be pursuing my Master's in Social Work. During the fall, I will be interning with the Charlotte-Mecklenburg School system as a School Social Worker, and I will also be working as a Graduate Assistant for the Office of Off Campus and



Jocelyn McSayles

"I'm trying to get... out of the Bell Jar."
- *Grey's Anatomy*

"I'm on God's good humor."
- *Jack, Titanic*



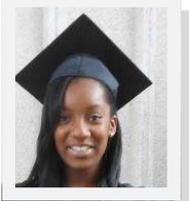
Last Words, Shout Outs and Memories

Bria Taylor

Thank you to the Freddie T. Davy Honors College Program for the wisdom you all have bestowed upon me. I would have not made the many accomplishments I have thus far without your words of encouragement and push I needed to succeed!! While attending Hampton University, I had the honor of serving my class in the officer position as the Representative to the Organizational Board for 3 years, a co-Facilitator for Greer Dawson Student Leadership Program, inducted in the Marketing Honors Society known as Mu Kappa Tau, invited into the Golden Honors Society, casted in the stage play "Dreamgirls", serving as the Director of Event Planning for the Student Government Association, and most of all serving as the student director of the Miss Hampton University Pageant. I plan to attend grad school fall 2015 to peruse a master's in Marketing and one day create my very own cosmetics line. I will truly miss my Honors College family. Thank you Mrs. Sears, Mrs. McLean, and Dr. Duncan for your hard work, it will never go unnoticed.

Sarah-Joyce Berryhill

Everything happens for a reason. Every relationship, test, trial, friendship, heartache, and hardship shaped who I am today. I am proud to say that as a Hampton alumna I will always succeed.



I will be pursuing my masters in pharmacology at Georgetown University in the fall. Followed by another bachelor's and masters in nursing midwifery. I plan on impacting communities at the womb by helping mothers and mothers-to-be.

Kayla Childs

"I am the master of my fate.
I am the captain of the soul."

I will pursue my MBA in my hometown of Baltimore, Maryland at Morgan State University.



Marissa English

I will be completing the five-year MBA program May 2015, obtaining my CPA, and pursuing a career in public accounting.

Benjamin Turman

Honors College has been the best experience of college for me. It was a challenge when I needed to be pushed. It was a support when I was strained. But I most value the people who I have met within the program. They have been a light to my life that I will cherish forever.

I will be attending law school at George Washington University with the intention of going into the Navy Judge Advocate General upon graduation.



Cynthia Whittington

I would like to thank the Honors College Program for the mentorship and opportunities provided these past 4 years. From the teachable moments from Dr. Davy to traveling to Florida in a van, I've enjoyed every minute of it.

I was the Northeast region Beta Image Award recipient 2014 and also the Henrietta Chisholm scholarship recipient 2014. I am graduating with honors from Hampton university school of nursing and will be enrolling in a MSN in clinical research trials program for the fall of 2014.



Henry Drakeford

I am extremely thankful for everyone that supported me and guided me along the way to successfully completing the Honors College Program. I could not have done it without the extensive encouragement of my family, friends, and the honors college staff. I was able to develop new skills and attributes through the challenging curriculum of Honors College, which I would not have received any where else at Hampton University. Lastly, I made lasting friendships with my honors college family that I will cherish for a lifetime.

I accepted a position as Associate- Business Management in the Emerging Technologies department at AT&T in Atlanta, GA.



Last Words, Shout Outs and Memories

Kathryn Kenny

My experience in the Freddie T. Davy Honors College has been both difficult and rewarding. Coming to Hampton as a freshman, I purposely surrounded myself with a small group of friends who valued the importance of academic discipline. My friends and I literally studied almost every night together on the fourth floor of the library. During our first year, we all made the Deans List and had 3.9 GPAs. We were driven to be academically successful. In our UNV 101 class, Dr. Davy challenged us to join the Honors College Program. It didn't take much convincing, we were up for the task. That spring, my friends and I joined the Honors College together. Throughout our four years at HU, a few of my friends who started the journey with me were no longer able to finish the program due to a variety of circumstances. I myself, even questioned, at one point, if I was strong enough to complete the rigorous demands of Honors College. But today I am thankful that I have completed the program I am also extremely grateful for those who stuck out the journey with me to the end. If it were not for their support and friendship, I would not be able to celebrate finally seeing the "Finish Line."

Immediately following graduation I will intern with the New York Times Student Journalism Institute. Following that, I have received several job offers from news organizations in my hometown and locally. I have also been accepted into the 2014 Teach For America Corps, where I will teach high school English in Indianapolis, IN. I am currently interviewing with NBC Universal and the White House. I say all of that to conclude that I am open to wherever God leads me. I trust He will guide me into a career that allows me to positively influence those in my community.



Kiara Webb

I want to thank my parents, family, and the Freddie T. Davy Honors College Program for supporting and believing in me while at Hampton University.

I will be attending John Hopkins School of Nursing in the fall of 2014 and pursue my lifetime goal of becoming a nurse.

Meagan P. Downing

Leaving the Freddie T. Davy Honors College is a bitter-sweet occasion. The academic enrichment I have received throughout my time in this program has been invaluable and I am confident that it will prove beneficial throughout the rest of my life.



Thank you Dr. Duncan, Mrs. Sears, and Mrs. McLean for all you have done for me throughout my time at Hampton. You all have played an immense part in my success. May God bless you all.

In the fall, I am blessed to have been selected as a Marquand Scholar to attend Yale Divinity School where I will be pursuing a Masters of Divinity Degree.

Abriana Anderson

I am so grateful to the FTDHC for adding so much value to my college experience. Going through the program wasn't always easy, but I am glad I saw it through to the end! Thank you to the late Dr. Davy for encouraging me to think beyond what any textbook could teach. Thank you to Dr. Duncan for continuing her legacy, and for always supporting me and pushing me to be better. Congratulations to all my fellow graduates -- we made it!

I will continue to work with the Minority Retirement and Securities Program at Hampton, researching and delivering Financial Literacy workshops in lower-income communities with the research team and also finish the Five-Year MBA Program at Hampton University and graduate with my MBA in May 2015.

I want to start a career in Corporate America with a Fortune 500 company in Brand Marketing and begin my own Event Planning and Catering company within



CONGRATULATIONS
ABRIANA ANDERSON
2014 PRESIDENT'S CUP WINNER

Lauren Highsmith

I am thankful for the opportunity to be part of such an enriching environment and a truly loving academic family. I am grateful to Dr. Davy for seeing potential in me and placing me in the proper atmosphere to be nurtured and to develop into who I am today.

I plan to earn my Ph.D. in an interdisciplinary literature/rhetoric program and/or a cultural studies program. I was recently accepted as a fellow of the Institute for the Recruitment of Teachers and will be participating in a summer workshop with the program at Phillips Academy in Massachusetts.



Jennifer Perry

Honors College has not only helped me grow as a student, but also as a person. I would like to thank Dr. Davy, Dr. Duncan, Mrs. Sears, Mrs. McLean, and the professors who taught my FTD Honors College seminars for helping me on my journey; however, I could not have done any of this without my wonderful family standing behind me.

I plan to attend the University of New Mexico School of Medicine in Albuquerque, NM after graduation. Medical school is my first step to becoming a pediatrician or family medicine physician.



Deniqua Washington

I really could not imagine any of this happening without the grace of God, reams of love, and a great deal of perseverance. Do not get discouraged because in the end you will see your wildest dreams manifest right before your eyes. There's something waiting just for YOU!

I will be working with ABC's "Good Morning America" for the summer, taking a year off to write, and then heading to law school.





Whitney Johnson: HBCU All Star

Hampton University's own Whitney Johnson a Junior Public Relations major from Surry, Virginia has been selected as a 2014 HBCU All Star.

This program is highly competitive and picks students who exemplify academic excellence and leadership. When asked what being selected meant to her Johnson said, "Being selected as an HBCU All Star gives me satisfaction in knowing that I continue to inspire my peers, youngsters, and everyone around me. I am ecstatic to have the opportunity to represent Hampton University, my hometown, and the entire HBCU family. It's such an honor to be recognized by the White House and I look forward to working with them on more initiatives."

Students will serve as ambassadors to the White House and will work to promote the value of education, attend regional events, and network with various scholars to showcase their talents to the HBCU community.

"I believe this recognition will allow me to network with other successful HBCU students as well as the U.S. Department of Education. In addition, it will become a platform for me to inspire youth and encourage them to take advantage of the benefits that HBCUs have to offer. The White House carries a lot of weight behind its name so I'm sure it will provide credibility for me as well," said Johnson.

Johnson is a part of many organizations on campus and is also a member of the William R. Harvey Leadership Institute. Service, leadership, and academic excellence is very important to Johnson. She hopes that being an HBCU All Star will allow her to influence others.

"I will use my title as an HBCU All-Star to serve as an example. I aim to prove that an HBCU education is beneficial and it is something to be proud of. I have always wanted to share my HBCU experience with others, so I plan to reach out to local schools and launch a campaign that spreads the good news about our great HBCU students because we're all all-stars," said Johnson.



The Emerging Researchers National Conference

Senior Biology major, Alhaji Janneh attended the Emerging Researchers National Conference in Washington, DC this past February. The 3-day program in Science, Technology, Engineering and Mathematics (STEM) is hosted by the American Association for the Advancement of Science (AAAS), Education and Human Resources Programs (EHR) and the National Science Foundation (NSF) Division of Human Resource Development (HRD).

It features scientists from around the country discussing research and breaking developments in the science world while also educating undergraduate and graduate researchers on essential communication skills. Several workshops during the program allowed for top students from 100 different schools around the U.S. to showcase their scientific findings. Other workshops focused on providing career preparation and information about the wide variability of careers available in the STEM field.

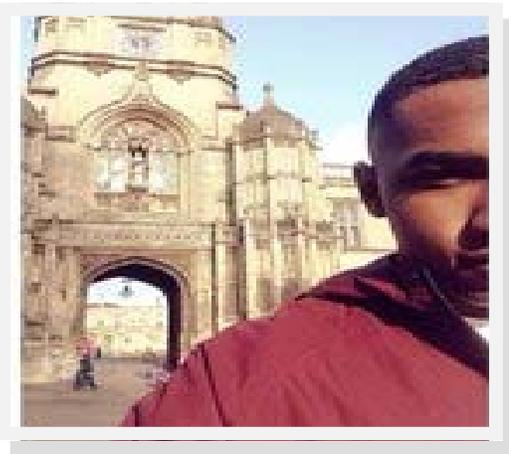


Alhaji emphasizes that the program has helped to decide what he wants to do upon graduation as a scientific researcher studying evolutionary medicine research at the University of California, Los Angeles (UCLA). His specific interest in research will focus on developing drugs that will reduce the rate of antibiotic resistance, subsequently killing the whole bacterial. When asked if the program has changed his outlook on his future, Alhaji states that "I now view my future as a very inspirational one, because I am very confident that I will make a bigger impact on people's health through my scientific findings." He recommends the Emerging Researchers Conference to all aspiring researchers.

Studying Abroad: The University of Oxford

The Freddie T. Davy Honors College prepares students for the future and provides them with awesome opportunities. Britney Johnson and Zachary Hinton are two rising Seniors who have taken advantage of these opportunities and used them to their full advantage. They are both currently in London, England at Hertford College (The University of Oxford.)

Britney is studying Computer Science and Human Science. "I am currently taking a tutorial about Computer Graphics and a course called "The Human Ecology of Diabetes and Obesity." She was introduced to these programs by Dr. Sabin Duncan and Dr. Carlton Long and was able to meet the Visiting Students staff personally. Britney was encouraged to apply and encourages those in the Honors College Program to study abroad.



Zachary is studying Computer Graphics and Ecology of HIV and Aids. "I was so stressed that I wasn't even able to think about going. When I got there, it hit me. I'm really glad that I took advantage of this opportunity." He was also able to meet the Visiting Students staff and was encouraged to apply. Zachary has created a traveling blog to document his experience in London. It can be located at <http://zacmackenzy.wordpress.com/my-life-in-gifs/>.

The Visiting Student Program is ten weeks long. Britney and Zachary will be returning June 28th.

Welcome to the FTDHC Family!!

On March 21, 2014, the Freddie T. Davy Honors College family grew with the addition of sixty-one new members! The talented collection of students accepted the honors challenge after applying, being interviewed, and participating in orientation. With the addition of driven achievers, the legacy of FTDHC will continue to flourish! The photo below captures some of the new inductees following the Honors Day ceremony.



How an HBCU Prepared Me for Harvard

The Root http://www.theroot.com/articles/culture/2014/04/hbcu_prepared_me_for_harvard_first_person_perspective.1.html

By: [Mia Hall](#) (pictured below)



My Thing Is: There's no question about whether these schools are still relevant. It's thanks to my time at Hampton that I was ready to take on the intellectual and emotional challenges of the Ivy League.

As a Harvard School of Education graduate, I was elated and moved to see the global conversation that the creators of the recent [I, Too, Am Harvard](#) and [Being Black at the University of Michigan](#) campaigns sparked about the experience of underrepresented groups on college campuses, including the one where I earned my master's degree.

There's no doubt that top institutions can feel unwelcoming to students of color. On top of the expected academic challenges, we have to battle the views of some in the school community that affirmative action has given us an undeserved opportunity.

But at Harvard, I was much less troubled than many others by those perceptions. I didn't question my preparedness, and I was more energized than bothered by the occasional expectation that I "speak for the race" in class or by interrogations about how I handled my hair. My confidence that I belonged, and my enthusiasm for taking advantage of every opportunity the Ivy League institution offered, never faltered during my time there.

Why? I believe it was because I was fortified by my undergraduate experience at Hampton University.

That's right, it was the little Virginia HBCU that took me—an African-American graduate of a small vocational high school in Brooklyn, N.Y.—and transformed me intellectually into Ivy League material, and psychologically into a student who could find the motivation and support to thrive anywhere.

Could I have been as well prepared elsewhere? It's definitely possible. But as HBCUs face financial challenges that inspire another wave of questions about whether they're still "relevant," I feel more moved than ever to talk about why Hampton was not only relevant but also life changing for me.

Before arriving there, I'd excelled in school, but my high school coursework didn't prepare me for the rigorous academic demands of my Hampton professors. This made my first semester a time of adjustment, which brought with it a realization that it would take more sacrifice, grit and determination than I'd planned in order to thrive. But the wake-up call wasn't demoralizing because Hampton provided mentors and academic support that enabled me to become a better writer, speaker and thinker.

Taking advantage of those resources and getting adjusted was just the first step. I was encouraged to challenge myself further by joining the Honors College. Led by Freddie Davy, an endowed professor and a staple on Hampton's campus until her passing in 2012, Honors College offered me exposure and experiences I never had before. I traveled internationally for the first time, spending a semester in

Hangzhou, China. I helped organize a student conference. I completed a senior capstone project that mirrored the demands of a graduate-school thesis.

Being on an HBCU campus, I felt I had no excuse for failure. The level of accountability presented directly by friends from around the country—and indirectly by the vision of a sea of brown faces going to class, studying, serving and leading—was enough to inspire me to be the best version of myself.

That feeling stayed with me, and as a result, the Harvard experience was socially and psychologically easier for me than it was for many other black students. Sure, Hampton was almost all black, but it was there that I first experienced a new level of diversity and formed meaningful relationships with people from different socioeconomic and family backgrounds. The people who looked like me represented a huge range of experiences, including those who had attended prep schools and whose families had long histories of educational achievement and professional success. Getting to know them prepared me to transition into the diverse group of students who were my Harvard classmates.

During my sophomore year in college, I reached out to a Hampton alum sister, Roslyn Das, the first lady at my church in Virginia, and told her that I felt I needed to manage my time even better. She helped me organize a vigorous though manageable schedule that would ensure I had set times to study, eat, rest and have time to enjoy my college experience. It helped me gain the focus to succeed as a well-rounded student, become Sport Management Major of the Year and graduate magna cum laude in three years. I used this same structure to set up my study times during my tenure at Harvard.

Though many students at other universities chided Hampton for its curfew restrictions, dress code

and other strict policies, these rules influenced me to set standards and structures for managing my workload and activities, as well as for my personal presentation. I maintained those habits when I arrived in Cambridge, Mass., and that helped me focus on the most important thing: the amazing educational opportunity I was offered.

When my roommate told me during freshman year that she'd chosen to attend Hampton because it was "the Harvard of the HBCUs," I wasn't sure what to make of that. Today I appreciate Hampton for what it is, and consider it not a substitute for Harvard but an essential part of my personal pathway there.

CONGRATULATIONS!

2014-2015 Freddie T. Davy Executive Board

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Quenton Jordan

Secretary

Asha Woodfolk

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Alice Plunkett
Miles Jenkins

Retreat

Lawrence Wright
Kyesha Wadlington

Traveler's Circle

Alix Thomas
Alesia Pickney

Du Bois Conference

Adera Bennett

Winner's Circle

Elizabeth Bell
Paige Greenwood

Word of Honor

Jelani Scott
Mariah McClain

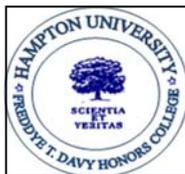
Mr. & Miss FTD Honors College

Shannon Anderson
Zachary Hinton

Freddie T. Davy Honors College New Inductees

Alvis, Justin	Jordan, Maya
Anderson, Kayla	Jordan, Tiava
Bailey, Brittani	Love, ZaMari
Beecher, Kristyn	May, Mariah
Bently, Taelor	McClain, Mariah
Bland Sydney	McLymore, Arriana
Brown, Dominique	Mendez, Verline
Brown, Taylor	Mumphery, Darryn
Caldwell, Bethany	Oates, Briana
Carter, Anisha	O'Neill, Alana
Cropper, Paige	Perkins, Armani
Cross, Dominique	Plunkett, Alice
Dash, Kiana	Ramos III, Miguel
DeLoatch, Jasmine	Rayburn, Taylor
Fairley, Nyia	Rudisel, Serena
Ferary, Nyaa	Samuels, Kristin
Geiger, Romin	Santos, Antonia
Harris, Kennedy	Savedge, Peter
Hawkins-Ripple Jordyn	Scott, Jelani
Hawkins-River, Asha	Singleton-Towns, Malaika
Hendricks, Trayonna	Smalls III, David
Hiton, Cariann	Stewart, Raina
Hill, Warren	Thomas, Alix
Horton, Imani-Kai	Thornton, Destiny
Irby, Danielle	Watson, Pierce
Jamerson, Bethannie	Weaver, Indya
James, Brendon	Williams, Kapri
Jeffery, Jasmin	Williams, Rashad
Jenkins, Miles	Wilson, Aaliyah
Jones, Malik	Williamson, Aliah

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Secretary: Mrs. Juanita Sears
Coordinator of Activities: Mrs. Caminisa McLean

Word of Honor Team
 Jaquise Cofield
 Lindsey Grant
 Chya Staton
 Tahnya Pascall
 Aranyca Whitaker

CONGRATULATIONS TO ALL THE FREDDYE T. DAVY HONORS COLLEGE GRADUATES!

The Freddie T. Davy Honors College
 wishes everyone a safe
 and productive summer.

2013 - 2014 STUDENT EXECUTIVE BOARD

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Word of Honor: Jaquise Cofield

Du Bois Conference:

Aliyah Gaines & Tanesha Johnson

Travelers' Circle:

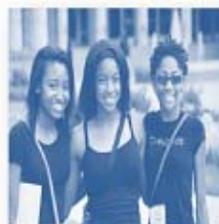
Alesia Pickney & Deniqua Washington

Mr. & Miss Honors College:

Lawrence Wright & Crystal Smitherman

A+ SUMMER RESIDENTIAL PROGRAM

Hampton University Freddie T. Davy Honors College
 July 13-19, 2014



Program Learning Theme:

Our History, Our Communities, & My Future

