

HAMPTON UNIVERSITY COVID-19 GUIDELINES

The purpose of the Hampton University COVID-19 Guidelines is to maintain a healthy and safe campus environment and to minimize the spread of COVID-19 on campus and in the community.

The highest priority for Hampton University is the health and safety of its students, faculty, staff and visitors. All members of the Hampton University Community have an important role to play in keeping the campus safe by doing their part to stop the spread of COVID-19. In order to minimize the risk of the spread of COVID-19, each member of the Hampton University Community must take additional steps to remain healthy and to protect themselves as well as other members of the Hampton University Community.

All members of the Hampton University Community must comply with the following guidelines:

1. Take personal responsibility for your own health and be active in helping to stop the spread of COVID-19.
2. Wash your hands often with soap and water for at least 20 seconds or use hand sanitizer that contains at least 60% alcohol.
3. Practice physical distancing in both indoor and outdoor spaces by staying at least 6 feet from other people who are not from your household.
4. Wear required facial coverings in all public spaces to reduce the potential spread of COVID-19 from person-to-person.
5. Check your temperature daily.
6. Keep your clothing, belongings, personal spaces, and shared common spaces clean.
7. Submit to Nasal/Oral/Oropharyngeal type COVID-19 testing and potential subsequent self-quarantining/isolating, pursuant to University policies and guidelines.
8. Comply with the following before returning to campus if you test positive for COVID-19: (1) self-isolate off-campus until symptoms have resolved (at least ten (10) days after the onset of symptoms), and (2) demonstrate proof of two negative COVID-19 test results, at least 24 hours apart.
9. Stay home if you feel sick or after exposure to someone who has tested positive for COVID-19.
10. Report to the Student Health Center any known or potential personal exposure to COVID-19 in a timely manner.
11. Monitor yourself daily for the following symptoms: Fever of 100.4°F or higher, dry cough, shortness of breath, sore throat, headache, body aches, chills, nausea, vomiting, diarrhea, and loss of taste or smell.
12. Contact the Student Health Center or your primary care physician and follow their instructions if you develop any of the above symptoms.
13. Get a flu vaccination (unless a legitimate medical exception applies).

Following the above guidelines will help keep the Hampton University Community healthy and safe. Let us all do our part.

Failure to adhere to the above guidelines may result in immediate separation from the University.

Approved by the Infectious Disease and Prevention Working Group, July, 2020.