GOODBYE 2018!

ETS looks back at a year of opportunity.

Each year, the Educational Talent Search Program at Hampton University, works diligently to provide opportunities for students to prepare for and access college. 2018 was a year of opportunity and *firsts* for the ETS program. From our first visit to an Ivy league institution in the spring--to a summer program where students learned coding through robotics--we were excited to provide programs that expanded students knowledge and skills. In addition to helpful info for college preparation, the following pages offer a look back on some of the great experiences of 2018. If you don't see your face in the following pages-- don't be discouraged! The enclose pictures are just a bit mber! We anticipate even more great experiences in 2019! The new year offers a new chance to get involved! Thank you for being a part of our success!
ETC @ Princeton University

ETS Looks Back: Experiences & Opportunities

2018

ETS @ Virginia Tech
Summer STEM Saturday
MS PARENTS & STUDENTS!

DO YOU KNOW ABOUT THE HCS ACADEMIES?

HCS provides college and career-focused academies to help students prepare for success in a career and in life. Each high school offers four academies aimed at helping students access multiple pathways to college/careers.

Rising 9th graders who wish to attend an academy outside of their zoned school must apply for enrollment in the academy of their choice in the spring of their 8th grade year (March 11-19, 2019). If accepted, they may take a suggested elective in their chosen academy in their freshman year. If not accepted, students apply again in 9th grade or select a college/career academy at their zoned school (by December of their 9th grade year).

Students who do not apply for an academy in 8th grade and instead enroll in their zoned school may select a college/career academy at their zoned school in December of their 9th grade year (2019).

*All students who are accepted to an academy during their 8th grade year may take a selected elective in their chosen academy in grade 9.

*All students who are accepted to an academy during their freshman year may begin coursework in their chosen academy in grade 10.

- Angela Threatt
ETS Middle School Adviser

Academies Additional Information:

Transportation:
Students may ride their zoned buses to their zoned school and be shuttled to their respective academy school. They will depart the academy school at 2:30 p.m. and be shuttled to their zoned schools to be transported home. Alternately, students can use the Hampton Roads Transit (HRT) “Student Freedom Pass,” which provides students 17 years old or younger with unlimited free rides on Hampton Roads Transit (HRT) service.

Summer Bridge Freshman Academy
All Hampton City Schools freshmen are invited to attend the Summer Bridge Freshman Academy, from August 12 - 16, 2019.

Students will be in the academy for 5 - 6 courses (e.g., English, social studies, science, math, Success 101, Health and Physical Education).

Students will be able to select from a wide range of elective offerings, including foreign language, career/technical education, JROTC, and fine arts..
2018

ETS Achievement Banquet 2018

ETS Looks Back: Experiences & Opportunities

ETS @ JMU

ETS "Stress Free" Paint Night

ETS @ Duke
LEARNING ABOUT: TIME MANAGEMENT

Time is constantly moving and there is nothing to stop it. As a student, it is important to be aware that time is finite and should be used in a meaningful manner. When was the last time you thought about how your time is spent? How much do you get done in a day? How effective are you at managing your time? The truth is, no matter how good you think you are—there is always room for improvement. Here are a few tips to help you improve your time management:

1. Make a list of 5 goals you’d like to implement to improve your use of time, highlighting the activities that you consider most important.

2. Use a calendar to identify how you can work toward these goals every day. Example: (Goal: balance school work & social life) Monday: 3-4pm Meet friends, 5pm-6pm: Complete math work and studying for a final test--; Etc. Be specific! Write how you plan to use each hour.

3. Separate your time into two (or more) categories: School vs. Fun, or Priority vs. Secondary. Example: watching television, going to a movie and working out = Fun. This will help you prioritize what needs the most time.

4. Reward yourself! Acknowledge each time you follow your plan and keep yourself motivated to work toward your goal.

5. Make sure you create a balance between work, study, friends and family.

6. Use your time wisely! When you are in class: pay attention, ask questions, and seek to learn something. Make sure at the end of the day, you think about what you have learned in class.

Every moment of everyday you are constructing opportunities for your future. Every minute, you are creating memories and opportunities. Remember, time can be managed but it cannot be stopped. Be wise and use it effectively! Every minute spent is an opportunity to create a path for your future.

-Patricia L Vorwald
ETS High School Adviser
Bethel & Hampton HS

Jumping Ahead: A Junior’s Guide to Prepping for Senior Year

Senior year can be extremely stressful!

Juniors! Here’s some work you can do on the front end to alleviate some of the stress ahead:

Fall/Winter
- Investigate careers of interest
- Think college “must haves” (*see below)
- Research colleges (sources—Naviance, Big Future, and Virginia View)
- Make a list of potential college options
- Attend college and/or career fairs
- Take the PSAT

Spring
- Attend financial aid and college nights
- Narrow your list of colleges
- Visit colleges (Compare, Large vs. Small/Public vs. Private)
- Make a list of entrance requirements
- Request letters of recommendation
- Research scholarship and grant opportunities
- Take the SAT and/or ACT

Summer
- Begin work on essays
- Visit colleges
- Begin to prepare for completing the FAFSA (available 10/1)

Factors to consider in the college search:
- Majors offered
- College size
- Class sizes
- Support programs
- Distance from home
- Extracurricular activities
- Cost/Financial Aid options
- Housing options.

-Lucy Robertson,
ETS Academic Coordinator
Source: Opportunities: Preparing for College Guide & Workbook
ETS Looks Back: Experiences & Opportunities

ETE @ William & Mary

ETE MENTORING

ETE @ CNU
SPOTLIGHT: HU STUDENT VOLUNTEERS

ETS is fortunate to work with a dedicated community of HU Students who give their time to mentor, motivate, & assist ETS students with the college process.

As the Community Service director for Career Center Ambassadors Team, one of my goals is to increase overall community service participation. I stumbled across, the TRIO talent network located at the illustrious Hampton University and discovered that there were college sessions aimed to assist high school students with the overall college admission and transitional process. I am a firm believer of the mantra, “reach one, teach one”. If I could go back in time, I would’ve loved to have a mentor to give me insight on how to apply to college and how to make strategic moves to maximize my choices in the last two years of high school. I know that in high school, there are a plethora of resources accessible to the students, but sometimes the degree of importance may not always be clear to some students. As a high school student, juggling curriculum and extracurricular activities, drafting college essays, taking the SAT/ACT and applying to scholarships was a world unfamiliar to me. A big part of what we do as volunteers is story-telling and providing visual aid to the students. Often times, the students have to visualize their future selves and strengthen their belief systems to know they are capable of reaching their goals. Volunteering for ETS really allowed me to go back in time to relate to the students and pinpoint where they need assistance or motivation. I was able to be innovative and create a panel with Hampton University students at a local middle school on the "Do's and Don'ts of Preparing for College". This idea to go to the middle school and host a transparent session on college life wouldn’t have been possible without my experience from volunteering. My goal for volunteering was to aid in the college admission process; but I also gained little sisters or brothers in the process. The relationships fostered and keeps volunteers like myself coming back every week.

-Tatiana Streeter HU C/o’ 21
Five Year MBA

ETS Upcoming College Visits

February 2nd
Old Dominion University
Open House
7:00 a.m.-2:30 p.m.

February 18th
George Mason University & University of Maryland Washington—
6:30 a.m.-4:30 p.m.

April 1st
University of Pittsburgh, Carnegie Mellon, Carlow
University—
2:30 a.m.-10:00 p.m.

April 3rd
Maryland College Tour
4:30 a.m.-8:30 p.m.

This is a tentative schedule.

*Registration Required.

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Schools Served:

High Schools:
Bethel Hampton
Phoebus Kecoughtan

Middle Schools:
Andrews Eaton
Lindsay Tarrant
Syms
2018

ETS Looks Back: Experiences & Opportunities

ETS Summer STEM Program
Coding/Robotics/College Prep

ETS @ HU Basketball Game

HU Career Center Ambassadors
Talk College Prep
@ Syms MS

ETS @ Mary Baldwin
GET TO KNOW:

THE KHAN ACADEMY

The KHAN Academy (www.khanacademy.org) is a website that offers FREE academic tutoring and learning opportunities.

Throughout the academic year, ETS offers a variety of academic enrichment programs including tutoring & SAT/ACT prep. Students are encouraged to attend tutoring to build study and academic skills that are vital to preparing for college. Many students think that they need to wait until they are in academic trouble to attend tutoring—but this is not so! Tutoring helps students to build good study habits and ensures that they are mastering academic content.

Though we encourage all ETS students to take advantage of our free on-site tutoring, we know that some students may not be able to attend, because of prior commitments. However, this is no longer an excuse not to take advantage of some type of tutoring assistance. The Khan Academy provides students with an opportunity to access high quality academic content and tutoring for free, at any time. Khan Academy's aim is to make educational opportunity accessible for everyone. As such, students can find help with just about any academic subject—including the SAT. If you have never visited the Khan Academy website—check it out! The site is a great academic tool for all students.

-LaRae Snoddy
ETS Program Director

ETS STAFF 2018
LaRae Snoddy, Director
Lucy Robertson, Coordinator
Angela Threatt, MS Adviser
Patricia Vorwald, HS Adviser
Yoseline Diaz, Admin Assist.