

HAMPTON UNIVERSITY
HAMPTON, VIRGINIA 23668

HEALTH CENTER
(757) 727-5315

June 1, 2022

Dear Student and Parent,

This letter serves as notice of Hampton University's Infectious Disease Policy. The Influenza and COVID-19 virus affects all college students. Students at highest risk for serious illness are those who have weakened immune systems or suffer from chronic illnesses like asthma, diabetes, anemia, kidney disease or cancer. In addition, people over the age of 65 and pregnant women are at increased risk for Influenza and COVID-19 complications. **The Centers for Disease Control and Prevention (CDC) recommends everyone over the age of six months receive the Influenza vaccine annually as well as the COVID-19 vaccine for age five years and older.**

The University is making every effort to limit the impact of Influenza and COVID-19 on our campus. Vaccination is the first step in prevention. Unless there are contraindications, the COVID-19 vaccine and booster are **mandatory** and we strongly encourage all students to receive the FLU vaccine.

Influenza vaccines are available in the FALL locally at most pharmacies. COVID-19 vaccines are currently available locally at CVS (401 East Mercury Blvd, 757-728-3524) or Walgreens (500 Settlers Landing Road, 757-723-7614), while supply last. Students should bring their insurance card and a picture ID. Vaccines are effective and can help reduce the risk of getting and spreading the viruses that cause Influenza and COVID-19.

Once diagnosed with COVID-19, the University policy requires students to separate from the campus for 10 days OR if diagnosed with Influenza for 3-5 days or until fever free for 24 hours without the use of fever reducing medications, like Tylenol or Ibuprofen. **Residential students ill with COVID 19 or Influenza are required to isolate at the Religious Studies Center (RSC) during the course of their illness and recovery or they may return home, as they will not be allowed to attend class in-person. Students are to obtain clearance from the Health Center before their return to campus.** Parents of residential students will be notified by the Health Center and asked to make arrangements to pick up their student if they are isolating and being treated at home.

To limit the spread of Influenza and COVID-19, students are asked to:

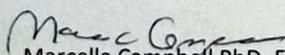
- Wash your hands frequently with soap and water, or use hand sanitizer
- Wear a face covering (over the mouth and nose only) indoors and outdoors
- Cover your cough with a tissue or your inner elbow
- Use antiviral drugs, if recommended by your doctor
- Avoid close contact with people who are sick

For the latest information, go to:

VDH: <http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus>

CDC: www.cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html

Sincerely,


Marcella Campbell PhD, FNP-BC
Family Nurse Practitioner
Student Health Center