

# HAMPTON UNIVERSITY STUDENT COVID-19 PROTOCOL

**ISOLATION:** Anyone who tests positive for COVID-19 must isolate for 10 days regardless of vaccination status.

**CLOSE CONTACT/EXPOSURE:** Within 6 feet of a person who has COVID-19 for 15+ minutes or direct exposure to respiratory secretions through cough, sneeze, sharing a glass, kissing, etc. Must be tested within 3-5 days regardless of vaccination status.

1. Students who test positive **on-campus** will be given guidance from Health Center staff.
2. Students who test positive at an **off-campus** location should notify the Health Center via email [healthcenter@hamptonu.edu](mailto:healthcenter@hamptonu.edu) including a copy of their positive results, name, HUID, telephone number, testing date, and the date positive results were received.
3. Asymptomatic students who have been in close contact or exposed to a person with COVID-19 should contact the **HU COVID-19 Clinic** for testing 3-5 days after exposure. Symptomatic students who have been in close contact or exposed to a person with COVID-19 should contact the **Health Center** for testing immediately.
4. **On-campus** students should have a "go bag" prepared in the event that they test positive for COVID-19 and need to isolate at the Religious Studies Center (RSC). Please see attached list of items to include.

## What to expect while in isolation:

- The Dean of Students will notify instructors that the student will be absent from class for a defined period of time. Students should also email their professors to inform them of their absence. Contact tracing will be implemented by the Health Center staff to determine others who should test.
- RSC is the designated isolation residence hall for **on-campus** students. Meals and transportation to RSC and back to campus will be provided.
- Nurses can be reached at the Health Center during normal business hours from 8:00am -5:00pm at (757) 727-5315. Nurses are available on-call after hours/weekends and can be reached by calling the Hampton University Police Department at (757) 727-5259.
- A medical clearance letter will be provided by the nurse once the student has had two negative COVID-19 rapid antigen tests taken at least 24 hours apart at the Health Center or at an off-campus testing facility.
- If the student is emailing their two consecutive negative COVID-19 rapid antigen test results, they may request a clearance letter for pick-up from the Health Center. Picture ID required.

# ITEMS TO INCLUDE IN YOUR "GO BAG"

- Cell phone charger
- Academic Materials (i.e. books, notebooks, laptops & charger cords, calculators, etc.)
- Insurance card & ID Cards (Passports for international students)
- List of important peoples' phone numbers written out, and a list of allergies
- Seven or more complete changes of comfy clothes (i.e. sweats, PJ pants, T-shirts, fuzzy socks, etc.)
- Distraction Items (books, artwork, puzzles, etc.)
- Pillow
- Toiletries (body Lotion, feminine hygiene products, toothbrush, toothpaste, shampoo, hair brush, hair ties, etc.)
- Towels & Wash Cloths
- Fleece throw
- Medicinal Products (Tylenol, Advil, cough syrup, allergy medication, cough drops, Vicks Vap-O Rub, thermometer, prescribed Medication)
- Tissue
- Snacks
- Laundry Detergent
- Multiple Face Coverings